



Cabarrus Meals on Wheels Emergency Hunger Relief Project

Each year we provide an emergency hunger relief package for our clients. These packages are filled with non-perishable food items to be used in the event of an emergency such as inclement weather or any other emergency situation that would prevent the delivery of hot meals by CMOW.

The canned food drives come from civic organizations, churches, schools, and individuals. We want to thank everyone who has contributed food to this project.

Any organization or individual that would be interested in donating canned food items please call **Lisa at the CMOW office at 704-788-3412.**

Items for the emergency food packages

Cereal , Grits, Oatmealsmall individual packages

Canned Fruit.....individual serving size

Canned Meattuna, chicken, Vienna sausages, potted meats

Canned Mealsspaghetti, beefaroni, beef stew

Peanut Buttercreamy only

Beanspork'n beans, beanie-weenies, baked beans

Canned Souphearty soups such as the chunky style

Please NO RAMEN NOODLE PACKETS

Please provide **Pop-Top cans if possible for ease in opening.

Thank you for your generosity in helping to alleviate hunger.