

Cabarrus Meals on Wheels, Inc.

320-C Copperfield Blvd
Concord, NC 28025

PRESS RELEASE

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WHO

Cabarrus Meals on Wheels, Inc. (CMOW)

WHAT

Cabarrus Meals on Wheels opens route 22 on Thursday, March 1. Currently 275 homebound, frail, elderly or disabled residents of Cabarrus County receive a hot nutritious well balanced noon meal Monday-Friday.

Additional volunteers are needed to meet the increased demand for services. Employee groups, civic, church organizations and home school parents are encouraged to “adopt a route” for meal delivery. For additional information on volunteer opportunities call 704-788-3412.

AGENCY INFORMATION AND MISSION

Founded in 1974 by local churches, Cabarrus Meals on Wheels (CMOW) delivers a hot nutritious noon meal to 275 homebound, frail, disabled residents in Cabarrus County, Monday through Friday. CMOW is a United Way funded agency and receives additional support from churches, foundations, individual donors, the business community and corporations.

Meals are delivered Monday-Friday to residents in Concord, Harrisburg, Midland, Mt. Pleasant and Kannapolis. For 33 years dedicated volunteers have been delivering meals and providing social contact to homebound individuals.