

MARCH 2024

Mon	Tue	Wed	Thu	Fri
				1 Beef tips & gravy Over brown rice Veg 5 way Sliced apples Yeast roll Jell-O
4 Spaghetti with meat sauce Tuscan blend vegs Pears Garlic bread Parm cheese	5 Aloha Chicken Peas & Carrots Brown Rice Dinner roll Yogurt with 1/2 cup fruit	6 Pork tips & gravy California blend vegs Fruit cocktail Dinner roll Red potatoes Jelly	7 Beef & bean chili Tossed Salad w/ tomato Tropical Fruit Cornbread	8 McRib Sandwich Collard Greens Corn Applesauce Angel Food Cake w/ 1/2 cup fruit
11 Chicken, Broccoli, & Rice Casserole Blackeyed peas Stewed tomatoes Roll Cinnamon peaches	12 Greek chicken pasta Garlic knot Broccoli/Cauliflower Sliced apples Dessert	13 Cheeseburger on bun with lettuce & tomato Baked beans Corn Fruit fluff	14 Crunchy baked fish Mixed vegs Tropical fruit Mac & Cheese Wheat Roll	15 Hot dog w/ chili & onion Baked beans Coleslaw Fresh Oranges Dessert
18 Meatballs with gravy Green beans Spiced peaches Wheat Roll Mashed potatoes Jelly	19 Beef stroganoff California Veg Fresh Oranges Yeast roll Brownies	20 BBQ chicken breast Carrots Baby baker potatoes Wheat Roll Sliced Apples Dessert	21 Honey glazed ham Half crusted potato Collard greens Yeast roll Poke cake	22 Sloppy joe on bun Baked potato Tossed salad with dressing Sour cream Chilled peaches
25 Oven fried chicken Hashbrown casserole California blend vegs Wheat Roll Angel food cake with 1/2 cup fruit	26 Lasagna Tossed salad with tomatoes and dressing Pears Garlic bread Dessert	27. Krab Cake Carrots Confetti Rice Wheat Roll & jelly Cottage Cheese	28 Pulled pork carnitas Roasted corn /black beans Fruit mix Cinnamon churro Dessert	29 No meal delivery— Good Friday